



JUNIOR TENNIS PROGRAM

FALL 2018

SEPTEMBER 4 – NOVEMBER 25 (NO CLASSES NOV 22-25)

JUMP START

This program is designed to teach the fundamentals of tennis in a fun format. The kids use a modified ball, smaller rackets and a smaller court to make the game easier to learn.

Red Ball

Ages	Day	Time	Cost
3-4, 5-6	Mondays	8:45am-9:30am	M \$111; NM \$136
3-4, 5-6	Wednesdays	8:45am-9:30am	M \$120; NM \$147
3-4, 5-6	Thursdays	1:30pm-2:30pm	M \$144; NM \$144
3-4, 5-6	Fridays	3:45pm-4:30pm	M \$111; NM \$136

Orange Ball

Ages	Day	Time	Cost
6-9	Tuesdays	3:45pm-4:30pm	M \$120; NM \$147
6-9	Thursdays	1:30pm-2:30pm	M \$144; NM \$144
6-9	Fridays	4:30pm-5:30pm	M \$144; NM \$177
6-9	Saturdays	10:30am-11:30am	M \$144; NM \$177

Green Ball

Ages	Day	Time	Cost
8-10	Mondays	4:45pm-5:45pm	M \$177; NM \$210
8-10	Wednesdays	5:30pm-6:30pm	M \$192; NM \$228
8-10	Thursdays	1:30pm-2:30pm	M \$144; NM \$144

JUNIOR DEVELOPMENT

A program that focuses on the fundamentals of stroke production and match play in a way that makes it fun to learn the game of tennis.

Level 1

Ages	Day	Time	Cost
11-13	Mondays	4:15pm-5:45pm	M \$260; NM \$309
11-13	Wednesdays	4:00pm-5:30pm	M \$282; NM \$336
11-13	Thursdays	1:30pm-2:30pm	M \$144; NM \$144
14-18	Mondays	7:15pm-8:45pm	M \$260; NM \$309

Level 2

Ages	Day	Time	Cost
8-10	Wednesdays	4:00pm-5:30pm	M \$282; NM \$336
8-10	Fridays	4:00pm-5:30pm	M \$260; NM \$309
11-13	Wednesdays	4:00pm-5:30pm	M \$282; NM \$336
11-13	Fridays	4:00pm-5:30pm	M \$260; NM \$309

TOURNAMENT PREP

A program for the player who is ready to take the next step in tournament tennis. Junior Varsity Level

Level	Day	Time	Cost
JV	Mondays	5:45pm-7:15pm	M \$260; NM \$309
JV	Thursdays	4:30pm-6:00pm	M \$260; NM \$309
JV	Saturdays	1:00pm-2:30pm	M \$260; NM \$309

JUNIOR ELITE

Designed for the experienced tournament players planning on taking their games to the next level.

LEVEL	Day	Time	Cost
Varsity	Tuesdays	4:30pm-6:00pm	M \$282; NM \$336
Varsity	Thursdays	4:30pm-6:00pm	M \$260; NM \$309

GROUP SPORTS TRAINING

Training that will include strength, conditioning and agility with a focus on tennis specific movements.

Ages	Day	Time	Cost
12-18	Tuesdays	6:00pm-6:30pm	M \$90; NM \$108
9-13	Wednesdays	5:30pm-6:00pm	M \$90; NM \$108

Match play is a very important part of the development of a junior tennis player. Here are our match play options.

JUNIOR SINGLES LADDER

Each player will be scheduled about 2 unsupervised matches per month. Sessions go from September through August. Join anytime and drop out anytime! Cost is \$15 to join and just pay court time as you play. Contact Scott Meixl at smeixl@valleyathletics.com to join.

JUNIOR LEAGUES

Divisions	Day	Time	Cost
JD	*Mondays	5:45pm-7:15pm	\$15 + court time
JD	*Tuesdays	4:30pm-6:00pm	\$15 + court time
TP	*Wednesdays	4:00pm-5:30pm	\$15 + court time
JE	Eligible for adult leagues – see adult league schedule		
	*Eligible for unlimited court time		

Registration Form

First Name _____	Last Name _____	Date of Birth _____ / _____ / _____	Phone _____ - _____
Parents Name _____		Email Address _____	
Address _____		City _____	State _____ Zip Code _____
Level Entering _____	Age Division _____	Day/Times _____	
Payment required at time of registration.			
Method of Payment (Circle One):		Amount Paid or Charged to Member Account \$ _____	
Cash Check Master Card Visa Member Account			
Credit Card # _____	Exp. _____	CVV Code _____	

WAIVER
I understand that acceptance of my registration is without assumption of responsibility of any kind by Valley Athletics or employees of Valley Athletics. In consideration of the acceptance of my registration, I do forever release and discharge the foregoing form any and all claims for damages, losses or injuries that I may suffer in connection with Valley Athletics, including those which arise out of ordinary negligence.

_____ PARENT/GUARDIAN SIGNATURE _____ DATE